



## The CLINICAL choice

### Managing Parastomal Hernia Complications, Leading to Simplified Stoma Care and Peristomal Skin Improvements

**Author**  
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**About the patient**

A colostomy was formed as an emergency procedure followed by a long recovery period involving a prolonged stay in hospital and also in a nursing home, before the community Stoma Care Nursing team became involved in her care.

**Clinical Need**

To ensure a secure and proximal seal for the stoma management to reduce leakage occurrence and a simple stoma care routine to support peristomal skin integrity.

**Care Pathway**

Aurum® Plus Soft Convex

## Introduction

Ms Yellow returned home following her surgery and struggled with confidence and anxiety in stoma health related matters. She had withdrawn from her normal social life and appeared to be reclusive at the time of our meeting as was fearful of leakages from the pouch.

**Aurum® Plus** 

## Patient Assessment

In an attempt to prevent further leakage the stoma template was resized in order to achieve a secure seal, flange extenders were added to her post-operative pouch brand to provide additional security, unfortunately the leakage episodes continued.



Figure 1 Parastomal hernia and peristomal skin complications

## Clinical Need

To find a pouching system that could manage with the abdominal profile of the parastomal hernia and the sporadic functioning of the colostomy, in order to reduce leakage episodes and support skin health. Alongside this we wanted to enable Ms Yellow to undertake a simple pouch changing procedure as we hope that would increase her self-confidence and reduce her associated anxiety.

## Care Pathway

To introduce the Aurum® Plus Soft Convex pouch, as the soft, plus- shaped flange has the benefit of conforming to the uneven contours of Ms Yellow's abdomen, the hope was that the contouring would reduce the leakage that Ms Yellow was experiencing.



Figure 2 Aurum® Plus Soft Convex in situs

## Clinical Outcome

Upon the 7 day review assessment it was evident that Ms Yellow had found the plus-shaped flange to be more conformable around her parastomal hernia, it had provided an effective seal and prevented leaks.

There was no evidence any creases within the flange itself, which may have caused leakage channels as was the case for the previous pouch used by Ms Yellow.

The Aurum® Plus Soft Convex had also provided a positive outcome for Ms Yellow's skin, she found it easier to remove and there were no red marks on her skin, as was the case with her previous product.

Ms Yellow benefited from the increased security of the plus-shaped flange, and no longer required the flange extenders. This simplified her stoma care routine and also provided a cost-saving to her stoma care budget.

## Overview

By Moira Evans, Clinical Marketing Manager, Welland Medical Ltd & Stoma Care Nurse

Clinical care pathways often focus upon alleviating issues at a given time of the patient's journey and within this case study, the specialist stoma care nurse had skin health and leakage prevention alongside supporting the patient in their own ability to care for their stoma.

Leakage episodes affect the individuals in very different ways, in this instance the withdrawal from their previously active social life and reduced self-confidence. Finding a conformable flange that provided an effective seal was a key consideration during the stoma care review process.

Improving and protecting the peristomal skin from leakage was the second, Ms Yellow reported recognising the benefits of medical grade Manuka honey in the flange, which provides confirmation that the pouch selected provided the outcome that was needed.

**“Ms Yellow fed back that the Aurum® Plus Soft Convex Pouch is marvellous and has stopped all her leaks”**

**- Louise Harrison**

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